How can I get it all done???

Everyone has their good days and bad days in everything they do. Whether it’s that you or your student woke up on the wrong side of the bed, your to do list is getting out of control, or maybe you are thinking how can I be a parent, learning coach, cook, laundry mat, and maid all at the same time.

How can I get it all done???

This question I ask myself quite often. I have had to give myself a break and not expect myself to be able to do everything perfectly. Below are some ideas that have helped me find more time in my day. Don’t get me wrong I still struggle to get everything done but I don’t feel like I am getting buried by my list of things to do.

- **Getting up and going** — I love staying up late. I think it is due to having my own time and being able to get some extra things done without interruptions. However, it does not work so well when I am trying to get up early and get everyone moving. This is something I still need to work on. With that being said, I feel that it is important to start your day off on a positive note. Some people like to read, do a devotional or have some quiet time before the house starts waking up. I try to remember this when waking my children up and getting everyone ready for the day. Sometimes I wake them up by singing “You are my Sunshine”, cuddling in bed with them, playing their favorite song and giving them a big kiss, or talking about something special that is happening that day. I don’t know many people who enjoy hearing an alarm and jump right out of bed.

- **Learning Coach** — I have been blessed to work with many different learning coaches. Here are some tips they have shared with me….Over the weekend look ahead at what you will be doing the next week in school and pull out everything you need. Make a plan for the week and let your child know what to expect each day. Start out with the subject your student least likes or struggles in. Take breaks, you and your student need them. The world is your classroom. Teach math at the beach in the sand, complete art activities outside at your picnic table, and don’t sit in the same spot all day. Ask for help. Ask your teacher for his/her tips and tricks. Ask your family members to help teach a subject. Example: Grandma loves art so let her do art lessons. Dad loves science so let him do science lessons.

- **Cleaning** — I don’t know about you but I would LOVE to have a maid. However, I know I will not and that I cannot shell out the money for one. So, I have to give up on having a perfectly clean house and know that no one is going to come around with a white glove to inspect it. For example I realized that no one but myself expects my floors to be scrubbed once a week. I now vacuum once a week (or more often if needed) and have my family leave their shoes outside to help cut down on dirt.

- **Meals** — Yes, I would also LOVE to have a chef too but that is not going to happen here. I have found it helpful to plan my meals on the weekend and get everything I need for the meals at that time so I don’t have to run out during the day and grab ingredients. Also, this cuts down on 6pm sneaking up on me and thinking “oh no, what’s for dinner”. I already have it planned so I know what I need to do in advance for that meal. Also, I am a huge fan of leftovers for lunch or dinner the next day. Some people find that crockpot recipes are lifesavers.

- **Laundry** — I tell you, it feels like it is a never ending vicious cycle! As soon as I think I am caught up I turn around and hampers are full! How do we go through so many clothes? I have starting asking my children to bring their clothes to the washer after I have gotten it started. My 4 year old does this as well. This way I am able to multitask while they are busy loading laundry. My 6 year old is now helping me match socks and sort out clothes. We do it together and use it as a time to chat. My husband is very helpful as well. As long as I let him get close to running out of clean underwear he will jump right in and get a load of clothes going. :) Sometimes you have to be sneaky about how you get help.

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**Weekly Coffee Chats**

Keep Calm and Log on! One of the keys to a successful year is to make sure that you surround yourself with a strong support system. We all need people that we can talk to about our struggles and successes throughout this online journey. To provide you with an opportunity to talk to other Learning Coaches and educators, we’ve started holding weekly coffee chats on particular themes that Learning Coaches and parents face this time of the year. Topics include: Organization, Making Learning fun, Learning and Teaching Styles, and much more! We would love to have you join us at future sessions.

The link is [https://sas.elluminate.com/m.jnlp?sid=559&password=M.E34763B208F196D9950A3ED623BDE8](https://sas.elluminate.com/m.jnlp?sid=559&password=M.E34763B208F196D9950A3ED623BDE8)

**This month’s sessions are:**

- March 5, 2015 12pm EST — 6 Traits of good writing
- March 12, 2015 12pm EST — Come with your Success Stories to share with others
- March 19, 2015 12pm EST — Reading for fun! Bring ideas of books that your students have
- March 26, 2015 12pm EST — What is your biggest priority or worry with school right now?
Start Thinking
Think about college and careers

Target Success
Gain knowledge of careers and plan your future

Career Exploration Expo

Explore careers

Discover Options

FRIDAY,
MARCH 13TH
10AM - 4PM EST

www.SignUpGenius.com/go/20F084DA8AB2CA20

https://sas.elluminate.com/site/external/launch/
meeting.jsp?pass=559&passwrod=M.F3476.3B20BF196D9950A3BD42B8DE8
# Career Exploration Expo

K12/Fuel Education will be hosting a Career Exploration Expo 6th – 12th grade students and their parents. Join us for our Career Exploration Expo on Friday March 13th! We are excited to have speakers join us and discuss their jobs and how they got to where they are. This is a great way to learn about jobs and start to think about what career you are interested in.

Please register below for as many sessions you would like to attend.

**Link to Register:** [www.SignUpGenius.com/go/20F084DA8AB2CA20-high](http://www.SignUpGenius.com/go/20F084DA8AB2CA20-high)

**Link to Attend:** [https://sas.elluminate.com/site/external/launch/meeting.jnlp](https://sas.elluminate.com/site/external/launch/meeting.jnlp)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:00 am EST</td>
<td>Welcome</td>
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<td>10:05 am EST — Career in Massage Therapy</td>
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<td>10:05 am EST — How to get great Letters of Recommendation</td>
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<td>10:30 am EST</td>
<td>Careers in Physical Education and Sport</td>
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<td>10:30 am EST — Careers in Education: Math</td>
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<td>11:00 am EST</td>
<td>Career Interest Survey — High School Planning</td>
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<td>11:00 am EST — Careers in Science</td>
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<td>11:00 am EST — Graphic Design and Branding</td>
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<td>11:30 am EST</td>
<td>Careers in Geography and Meteorology</td>
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<tr>
<td>12:00 pm EST</td>
<td>How to fill out FAFSA for financial aid and navigate scholarship search websites</td>
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<td>12:00 pm EST — English Degree Careers</td>
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<td>12:30 pm EST</td>
<td>Life as a Army National Guard Soldier</td>
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<td>1:00 pm EST</td>
<td>Computer Programing</td>
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<td>1:30 pm EST</td>
<td>Careers in Art</td>
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<td>2:00 pm EST</td>
<td>SAT/ACT Information</td>
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<td>2:30 pm EST</td>
<td>Career in Education — What does it take to be a Future Educator</td>
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<td>3:00 pm EST</td>
<td>Careers in History</td>
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<tr>
<td>3:30 pm EST</td>
<td>Careers in Writing — How to get published</td>
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Read Across America Day - March 2\textsuperscript{nd}

Oh, the Places You'll Go when you read! Read Across America Day is a day to celebrate the joys of reading. It also brings awareness to the importance of reading in education and helps to motivate kids to read more. March 2nd is also the birthday of Dr. Seuss.

What Can You Do On This Day?

- Make a pledge to read more. You may even make a pledge to read a certain number of books over the next few months.
- Try out a new author or book series. Ask your friends about books and authors they like and then give something new a try.
- Dress up like the Cat in the Hat. Could be fun! You could also do a craft and make a hat like the Cat in the Hat from the book.
- Make a bookmark using your favorite book as the theme.
- Start a book club with a bunch of your friends and family. Get your mom and dad to join too.

Reader’s Oath

I promise to read
Each day and each night.
I know it's the key
To growing up right.

I’ll read to myself,
I’ll read to a crowd.
It makes no difference
If silent or loud.

I’ll read at my desk,
At home and at school,
On my bean bag or bed,
By the fire or pool.

Each book that I read
Puts smarts in my head,
'Cause brains grow more thoughts
The more they are fed.

So I take this oath
To make reading my way
Of feeding my brain
What it needs every day.

Read Across America Virtual Fieldtrip

March 2\textsuperscript{nd} at 1:00pm EST
VIRTUAL FIELDTRIP LINK

Join families across the Nation in reading together! This will be an interactive virtual fieldtrip where students learn about new reading sites as well as do some reading together and on their own!

Can’t make it to the Virtual Fieldtrip? You can still read with the rest of the school at 1:00pm that day where ever you are.

Just pick up a book and get reading!
Testing Tips for Students
- Remember that when answering questions that relate to a reading passage, student should always go back to the passage itself when they are in the process of selecting an answer choice.
- Pace yourself when taking a timed test. Here are some pacing tips
  - doing the easiest problems/questions first.
  - going back to the harder ones and doing them in order.
  - leaving a difficult question if it is taking too long.
  - It is important to have a positive attitude. You are in charge of yourself and can choose to succeed or fail. Make up your mind that you are going to succeed before you go into the test
- Reward yourself when test is completed

We are cheering for each of our students as you go into this season’s testing. We are very proud of you and all you have accomplished and look forward to watching you grow and succeed in the future!

Testing Corner:
With testing time coming, there are some things you will want to be on the look out for...

Spirited Week
A big thank you to everyone who participated in last month’s Spirit Week! We had a great turnout at our pep rally as well as some great photos sent in by all of you! Students participated from all over the Nation dressing up in their Marvelous Hats, Terrific PJ’s, Wacky Socks, Team Shirts and Funky Hair! We had students participate from Florida, Georgia, South Dakota, Nevada, Michigan, and Louisiana just to name a few.

Remember to check the newsletter each month to hear about upcoming events and information.
We don’t want anyone to miss out.

Thoughtful Thursday—Below are a few thoughtful kmails from students to their Teachers and parents

- I love you Ms. Hartman. Your class its fun. Your the best teacher! - Christopher C
- Dear Mrs. Kear, I wanted to say that I am very happy to have such a wonderful teacher. I like the fact that you are so nice and take the time to make sure we are all okay and learning. You are by far the best teacher I have ever had. I am going to be sad when the year is over. I wish you could be my teacher next year too! Have great day, and weekend! - Kiara
- Ms. Belanger is Anna’s teacher. She is wonderful! She is always so helpful and encouraging. We are very happy with k12! - Anna G
- Dear Mrs. Kear, Thank you for teaching us. I hope every student you teach has as much fun learning as I did! I really enjoy your classes. I will miss you next year!
  Your student, - Rachel
- Sarah R-

Dear mom,
You have super powers to motivate me to do my best!
Thank you to be my learning coach!

Spirited Week
- Kick Off Pep Rally on Monday - 2/9 at 12pm EST
  Join us for fun activities and show some School Spirit as we kick off the week.
- Week in Review Pep Rally on Friday - 2/13 at 12pm EST
  Join us for fun activities and photos from Spirit Week.
- Monday Marvelous Hat Day - 2/9
  Wear a Marvelous hat and send us a photo of you in your school area.
- Tuesday Terrific PJ Day - 2/10
  Wear Terrific PJ's today and have a family night. (Dinner, family dance, family book reading, etc.)
- Wednesday Wacky Sock Day - 2/11
  Wear Wacky Socks today and send us a photo of you in your school area.
- Thursday Thoughtful Day and Team day - 2/12
  Wear your favorite team's shirt or hat and send us a photo of you and your teachers (and parents) and parents a thoughtful (small) gift.
- Friday Funky Hair Day - 2/13
  Wear your hair funky and show your school spirit!
Last month Students participated in Spirit Week. We loved seeing your photos from the theme of the day as well as having fun at the pep rally!
If you have not signed up for K12 Clubs it is not too late!

Currently, the clubs are only available through the K12 platform. If you are using the PEAK platform, you will not be able to access the clubs currently, but we are working on it.

If you would like to participate please click on the following link for information the clubs offered.


### Did you know

- The birthstone for March is the aquamarine.
- The birth flower for March is daffodil.
- American Red Cross Month
- Fire Prevention Month
- Women's History Month
- March 2nd National Reading Day
- World Math’s Day - the first Wednesday in March
- March 1st is the date the Nebraskans celebrate the admission of their state to the union.
- March 2nd is celebrated by Texas as the anniversary of its independence from Mexico.
- On March 4, 1681, William Penn was granted Pennsylvania's royal charter.
- March 25th is celebrated by people in Maryland to commemorate the arrival of the first Maryland colonists in 1634.
- March 14th - Pi Day

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Have you attended one of our Virtual Fieldtrips? If not you are really missing out! This is a great way for your student to interact with other students while learning with a teacher.

To attend a session click on the link below on the day and time of the virtual fieldtrip.

<table>
<thead>
<tr>
<th>Grades Invited</th>
<th>Topic</th>
<th>Date of Event</th>
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<tbody>
<tr>
<td>All</td>
<td>Read Across America</td>
<td>3/2 1pm EST</td>
</tr>
<tr>
<td>All</td>
<td>PE and Heath</td>
<td>3/6 2pm EST</td>
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<tr>
<td>6th -12th grade</td>
<td>6-12th Grade Career Expo</td>
<td>3/13 10am-4pm EST</td>
</tr>
<tr>
<td>K-3rd Graders</td>
<td>I Need My Monster—Story Time</td>
<td>3/20 12pm EST</td>
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</tbody>
</table>

Avoid catching a Cold

Did you know that one of the most common ways people catch colds is by rubbing their noses or eyes after touching someone/thing that's contaminated with the cold virus? Frequent and proper hand washing is one of the best ways to stop the transmission of the virus. Always wash with clean running water and soap. Rub soaped hands together for at least 20 seconds, rinse and dry. An easy way to teach your child how long to wash is to hum the “Happy Birthday” song twice. Hand sanitizer can be used when washing is not possible. For more information and fun ideas for education your child, go to [www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

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Class Connects

Don’t forget to join Class Connects to meet with teachers and fellow classmates. This is a great way to get hands on help and to learn more about what you are studying in your coursework. If you are not sure where to find class connects or want help on which ones would be good for you? Just ask your teacher and he/she will be able to point you in the right direction.
Photograph, Testimonial and Interview Release

In exchange for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I hereby grant to K12 Inc., its legal representatives, successors and assigns, and those acting with their authority and permission (collectively, “K12”) the right and permission to use, re-use, publish, re-publish, and copyright (in K12’s own name and otherwise) testimonials (written by me or attributed to me), interviews (written by me or attributed to me), and photographic portraits, pictures, images and/or likenesses of me or in which I may be included (in whole or in part, or composite, or distorted in character or form, without restriction as to changes or alterations), in conjunction with my own or a fictitious name, made through any medium, and in any and all media now or hereafter known throughout the world in perpetuity. All rights, licenses and privileges herein granted to K12 are irrevocable and not subject to rescission, restraint or injunction under any circumstances. I hereby waive any right that I may have to inspect or approve the finished product, or products and the advertising copy or other matter that may be used in connection therewith or the use to which it may be applied.

I hereby release, discharge and agree to save harmless K12 from and against any claims, damages or liability arising from or related to the use of any of the aforementioned material, including but not limited to any liability by virtue of any editing, blurring, distortion, alteration, optical illusion, or use in composite form, whether intentional or otherwise, that may occur or be produced in the taking, recording, editing, processing, publishing or distribution of said testimonials, interviews, pictures, portraits, images and/or likenesses including, without limitation, any claims for defamation, invasion of privacy, right of publicity or violation of any other right.

I hereby acknowledge that the compensation provided does not include any monetary compensation or tangible goods or services and that none are due to me for granting this release.

I hereby warrant that I am of full age and have the right to contract in my own name. I have read this Release prior to its execution, and I am fully familiar with the contents thereof. This Release shall be binding upon me and my heirs, legal representatives, and assigns.

If signing as parent or guardian, I hereby warrant and represent I am the parent or legal guardian of the named minor and have authority to and do hereby consent to this Release on his/her behalf and will be responsible for any damages incurred by K12 resulting from the minor’s breach or renunciation of this Release.

Name (print): ________________________________

Signature of parent or guardian (as to minors):

Address: ___________________________________